MyBioData

# Biometric Data Types

* Heart Rate
* Blood
  + Sugar
  + Insulin
  + Pressure
    - Diastolic
    - Systolic
  + Type
* D.O.B
* Height
* Weight
* Location
  + Current/Check-ins
  + Photo Tags
  + GPS Tracks
* Sleep
  + Length
  + Quality
* Diet
  + Nutritional Units (calories, carbs, protein, etc.)
  + Actual Items
  + Ingredients (Caffeine, sucrose, etc.)
  + Drink
    - Alcoholic
      * Units
      * Actual Items
    - Non-Alcoholic (same as foodstuffs)
  + Smoking
    - Based on brand
    - With nicotine/tar amounts
* Mood
* General Events (e.g. Surgery, Broken bone, new job, etc.)